



HELPING YOUTH AND FAMILIES
BUILD BETTER FUTURES



WWW.CASAYOUTHSHELTER.ORG



OUR FOUNDER: MYLDRED E. JONES

Casa Youth Shelter's Founder, Myldred E. Jones, was a resident of Los Alamitos for 38 years and a woman of deep faith. Myldred's military and humanitarian accomplishments were recognized by the likes of five U.S. presidents, Generals Colin Powell and Norman Schwarzkopf, and Pope John XXII. She dedicated her life to helping, volunteering, and watching out for those in need.



Myldred's Accomplishments

- ✓ LIEUTENANT COMMANDER IN THE NAVY
- ✓ WORKED WITH CA GOVERNOR REAGAN CONDUCTING STUDIES ON YOUTH IN CRISIS
- ✓ HELPED START THE FIRST TEEN CRISIS HOTLINE WHICH SPREAD NATIONWIDE
- ✓ MARCHED WITH DR. MARTIN LUTHER KING, JR. AND OTHER COMMUNITY ACTIVISTS



Casa Youth Shelter

OUR MISSION

Casa Youth Shelter serves and nurtures youth in crisis with shelter, counseling, and support services, empowering them to come through their crisis with increased confidence, stability, and tools for continued growth.

OUR VALUES

A community where all adolescents in crisis have a safe place to stay, in an environment that promotes personal growth and healthy relationships.

OUR PILLARS

Mental
Health



Safe & Stable
Housing



Physical
Nourishment



Brighter
Futures



OUR SERVICES

Emergency Shelter Care

Counseling Services

Case Management

Parenting Class

Outreach and Education

Youth Leadership Program



“When my mom kicked me out in the middle of the night and I had no where to go, Casa was there. I couldn’t be more thankful to hear someone pick up the phone at 2am.”

–Sophie, Age 16



**IN 2025, CASA YOUTH SHELTER
PROVIDED 1,763 NIGHTS
OF SHELTER CARE TO 110 YOUTH**

EMERGENCY SHELTER CARE

- ✓ Casa Youth Shelter provides short term emergency shelter care to teens ages 12-17 years old.
- ✓ We have a 24/7 crisis hotline and intake availability
- ✓ There are no geographical restrictions for intakes
- ✓ It is a voluntary program; the teen and the parent must consent to services, unless it is a Right-To-Shelter situation
- ✓ Staff provides a structured, supportive, homelike environment
- ✓ Youth and their families receive intensive mental health services



SOUTHERN CALIFORNIA EMERGENCY YOUTH SHELTERS

Los Alamitos: Casa Youth Shelter

Huntington Beach: Waymakers

Riverside: Operation Safehouse

Redlands: Our House

San Diego: OZ & Storefront

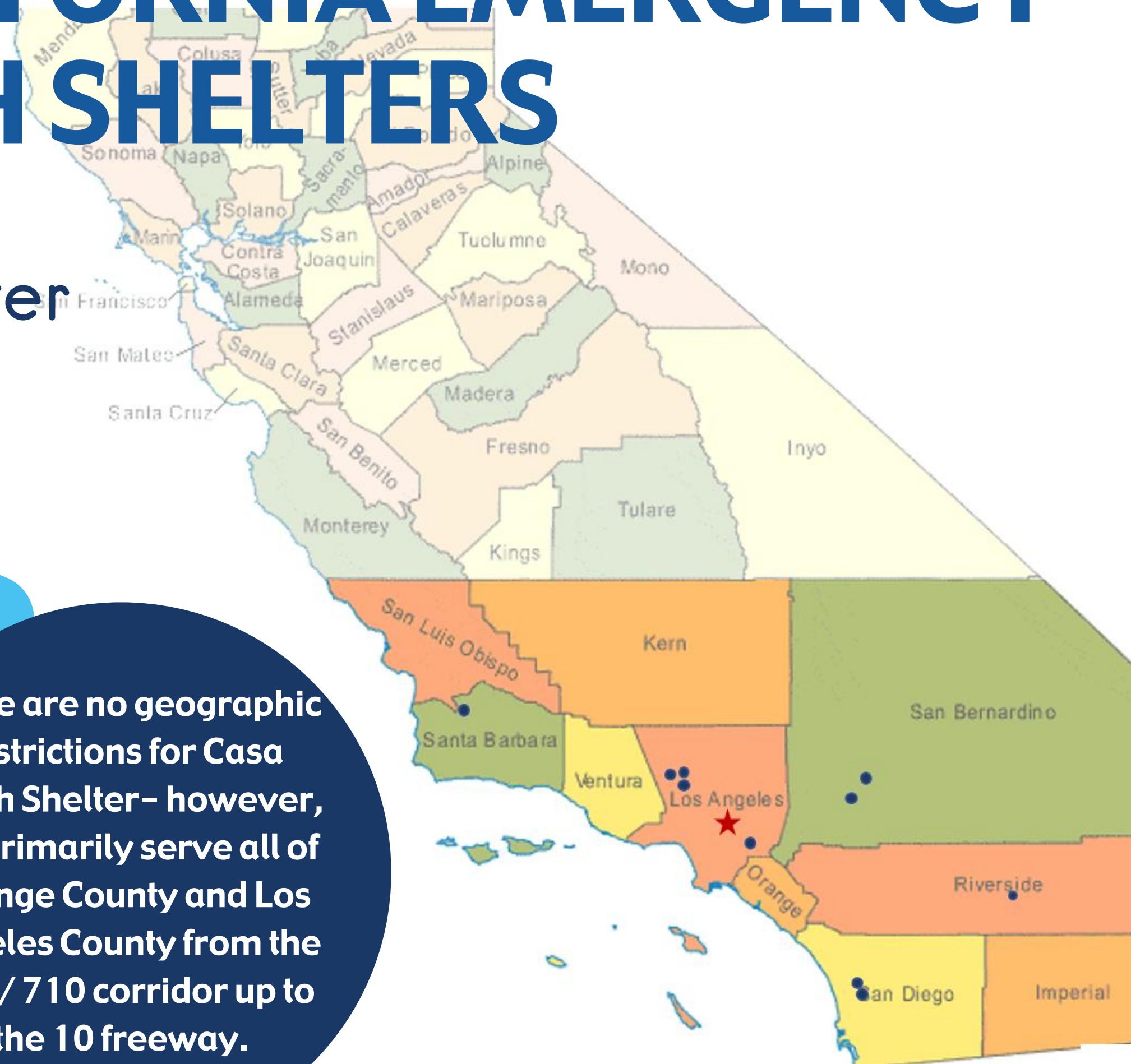
Hollywood: Youth Emerging Stronger

Culver City: 1736

Downtown LA: Angel's Flight

Santa Barbara: Noah's Anchorage

There are no geographic restrictions for Casa Youth Shelter— however, we primarily serve all of Orange County and Los Angeles County from the 605 / 710 corridor up to the 10 freeway.



Casa Youth Shelter

REASON FOR REFERRALS



- ✓ Parent–Child Conflict
- ✓ Runaway
- ✓ Throwaway
- ✓ Homeless
- ✓ Mental Health Concerns
- ✓ Substance Use
- ✓ School Issues
- ✓ Victim of Abuse
- ✓ Domestic Violence
- ✓ Human Trafficking
- ✓ Probation Involvement/
Juvenile Hall
- ✓ Gang Involvement
- ✓ Defiance/Acting
Out

In 2025, the youth that were served reported that:

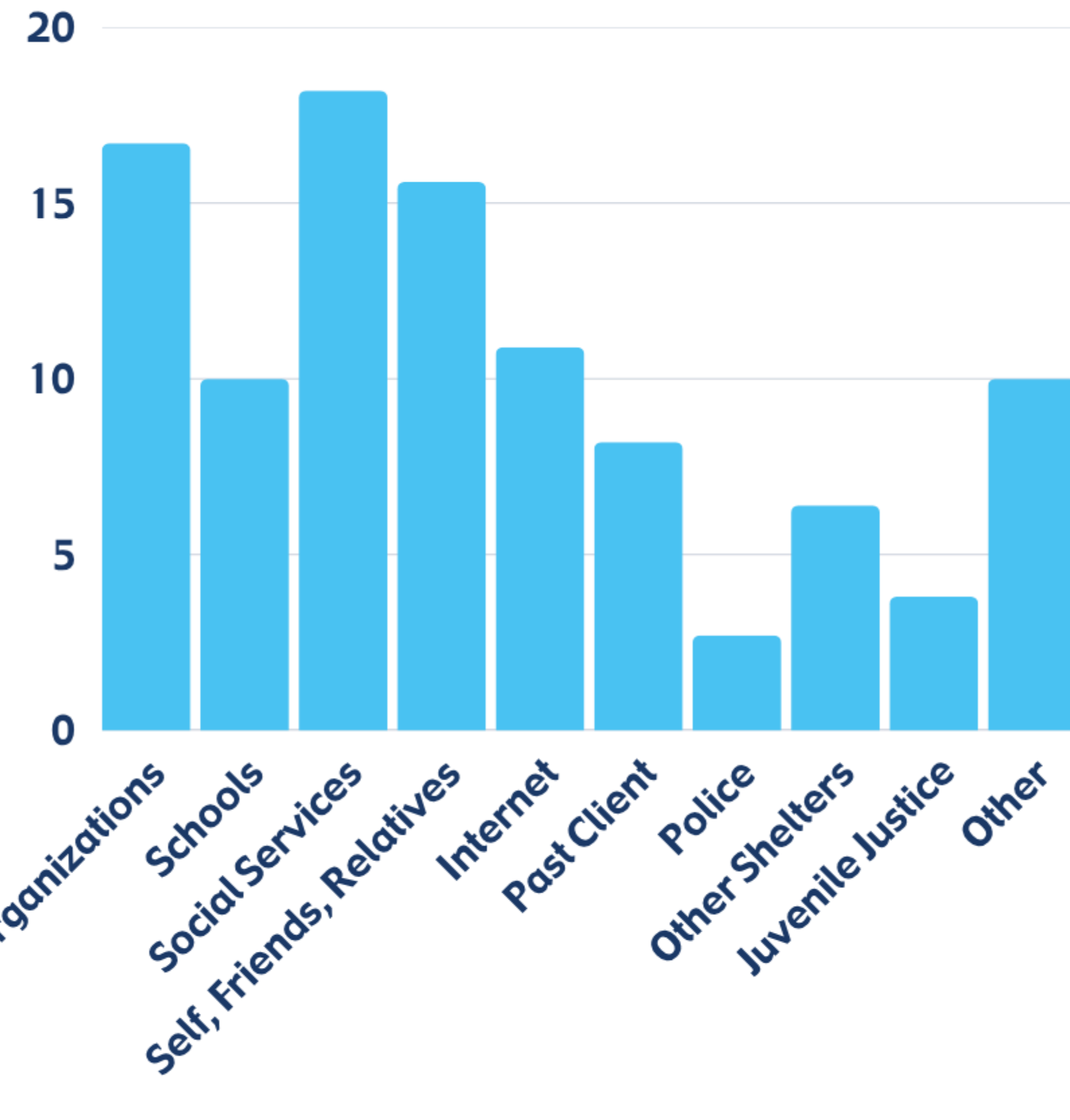
- 70% tried substances
- 59% experienced more than 1 type of abuse
- 20% struggled with literacy concerns
- 19% identified as LGBTQ+
- 6% were trafficked or at risk

Casa Youth Shelter can be seen as a cooling off period to allow space for the youth and the parent/ guardian to receive services



INTAKE PROCESS

- ✓ Typically a parent, teen, or community member will call our 24-hour hotline to discuss the situation.
- ✓ A crisis call is conducted to screen the youth for goodness of fit
- ✓ Walk-in intakes are welcome; however scheduled intakes are preferred since the staff supervising the youth also conduct the intakes
- ✓ If it is determined that the caller would not be a good fit for shelter care, resources are always provided to alternative programs
- ✓ As soon as the teen is able to come in, an intake is completed by staff



SHELTER CARE PROGRAM



We have about 8–10 volunteer groups every week along with groups ran by our staff. Some of the groups include:

- Educational Tutoring
- Music Therapy
- Arts and Crafts
- Basic Sewing
- Zumba/Yoga
- Recreation
- LIFE Skills
- Cooking
- Psychoeducation classes with local partnerships

Youth are not allowed to have their cell phone while in the program

The youth are responsible for:

- Daily Chores
- Keeping their room clean
- Completing their own laundry
- Working on their schoolwork

Youth do not attend school due to the focus being on stablizing the crisis at home



CLINICAL SERVICES

✓ Individual Counseling

Residents receive individual counseling 3 times per week. The first therapy appointment is completed within 24 hours of intake

✓ Group Counseling

Residents receive 8–10 mental health groups weekly, such as communication, self-esteem, and anger management

✓ Family Counseling

Parents/guardians and the youth are required to attend 2 times a week family therapy. The first family is typically conducted within 72 hours of intake

✓ Parenting Class

Parents/guardians are required to attend weekly parenting class while their youth is in the shelter

Case Management Services

All youth participate in a case management assessment to determine what type of resources and referrals would benefit the youth

In 2025, 586 hours case management were provided to our shelter care program youth

The Clinical Team provided
952 hours of individual
188 hours of family
2622 hours of group counseling
to residents and their families in 2025,
totaling over
3.700 hours of therapy



Casa Youth Shelter

EXIT PLANNING

First and Foremost, our goal is to stabilize the crisis and return home, if safe

- ☑ The counselor works with the family on exit planning at the first session
- ☑ We practice Progressive Reunification to promote a successful exit
- ☑ Residents are eligible to continue services with aftercare
- ☑ All residents are provided their district's McKinney Vento Liaison information
- ☑ Any youth that stays at least one night for shelter care is eligible for our scholarship program

Emergency Shelter

7.9%

AWOL
4.9%

Social Services
9.3%

Long Term Housing
7.3%

Family's Home
68.8%

RESIDENT'S EXIT DESTINATION IN 2025



Casa Youth Shelter

NON-RESIDENTIAL SERVICES

Casa Youth Shelter provides free therapy to youth and families in the community

- ✓ Individual, Family and Couples Counseling Offered
- ✓ Case Management Services
- ✓ Bilingual Services Available
- ✓ Support for issues like anxiety, depression, trauma, relationships, and more
- ✓ Specializes in treatment of teenagers and their families

In 2025, Casa Youth Shelter provided over 600 hours of free counseling and case management services to those in need from the community.

About half of the non-residential counseling referrals last year were parents of youth in the shelter showing the implementation of Family Systems Theory

Casa Youth Shelter's non-residential services are:

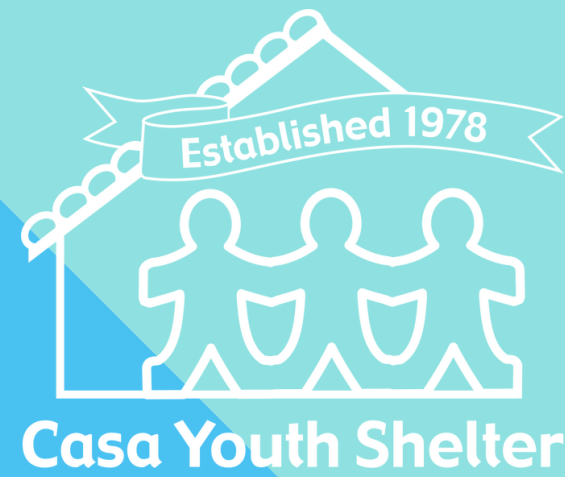
- Fast Acting– no long waitlists
- Free– no insurance needed
- Flexible– Evening hours availability
- Accessible– Both in person and virtual services offered



Casa Youth Shelter

PARENTING CLASSSS

Casa Youth Shelter offers weekly parenting classes. Our 12-week course is geared towards parents and guardians of teenagers. Each week addresses a different topic, such as Healthy Communication, Appropriate Consequences, Anger Management, and other useful parenting tools. Letter of enrollement and certificate of completion offered to all participants.



- ✓ VIRTUAL CLASSES
- ✓ ENGLISH AND SPANISH CLASS AVAILABLE
- ✓ COURT APPROVED BY ORANGE AND LOS ANGELES COUNTY
- ✓ AVAILABLE TO THE COMMUNITY
- ✓ OPEN ENROLLMENT- JOIN ANYTIME
- ✓ SIGN UP ON OUR WEBSITE

YOUTH LEADERSHIP PROGRAM

Youth Leadership Program (YLP) is the face of Casa Youth Shelter, a safe haven for youth that provides shelter, counseling, and case management services.

The YLP program empowers high schoolers to work as a team, grow, and create a lasting impact in our community through hands-on volunteering and meaningful outreach. Together, they raise awareness about Casa Youth Shelter's powerful work with youth.



What YLP Offers

- ✓ COMMUNITY SERVICE HOURS
- ✓ LEADERSHIP DEVELOPMENT
- ✓ EVENT PLANNING EXPERIENCE
- ✓ SCHOLARSHIP OPPORTUNITIES
- ✓ COMMUNICATION SKILLS
- ✓ COMMUNITY ENGAGEMENT



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STAY CONNECTED



CONTACT INFORMATION:



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